## Parenting 101 Tips

**From Franklin County Children Services** 

## Remember the 3 Ps

**Patience.** Parenting is hard work. If you're feeling overwhelmed, take a deep breath, count to ten and do the best you can. Ask a family member to watch the kids or use local resources like your church, community center or a mental health provider.

**Praise.** Young or old, all kids need encouragement! Always offer your love, support and a few kind words. Remember to give praise, hugs and privileges for good behavior.

**Purpose.** Remember, as a parent you are a role model. Provide good guidance and lead by example. Your children learn by imitating you – use words like "please" and "thank you" to teach good manners.

Consider Adopting or Fostering an Older Child Call 614-341-6060





Protecting Children by Strengthening Families

www.franklincountyohio.gov/children\_services